



Knowledge is power. Learning as much as possible about your disease and finding a knowledgeable health care practitioner are crucial. Contracting Hepatitis C was not your choice, but your treatment options are. It is essential to have a practitioner who is open to multiple therapies to ultimately provide you with the best solution.

The two most complicating factors with chronic Hepatitis C are the irrationality of the illness and the lack of standardized patient response to available protocols. Questions remain as to why the disease behaves the way it does and why the effectiveness of treatment varies greatly between individuals; this accounts for relatively low percentages of success with the most common treatments. Rather than seeing this as depressing information, consider that Hepatitis C is a disease that needs individualized treatment and why you need a healthcare provider (or team of providers) that can custom tailor a plan to treat you individually.

Oriental Medicine practitioners and their associated centers have been working for the past 20 years developing various treatment protocols specifically to address chronic Hepatitis B and C. Herbal formulas have shown clinical effectiveness for various functions, including:

- * protecting the liver against long-term damage
- * strengthening the immune system
- * supporting the mind-body system
- * minimizing complications induced by the disease
- * countering side effects of certain pharmaceutical solutions

Acupuncture additionally supports and rebalances the mind-body system, enhancing the herbal therapy, while western medicine protocols focus on the virus and its elimination, often with harsh and toxic effects on the body. In combination, however, these two approaches benefit the patient by providing personalized treatments that enhance the effectiveness of both methods while mitigating any unpleasant side effects.

When choosing your Hepatitis C therapy and protocol options, there are benefits to adding an Oriental Medicinal Hepatitis C Specialist to your team of healthcare practitioners.



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Lesley Hamilton has been treating patients as an Oriental Medical practitioner since January 2001, as an intern at AOMA in Austin and as owner of Modern World Acupuncture Clinic. Lesley's credentials include State Medical Board License AC00644, Master's of Science in Oriental Medicine, Diplomate of Acupuncture and Diplomate of Chinese Herbology (NCCAOM), Acu-Detox Specialist (NADA certified), Allergy Elimination (NAET trained), and Hepatitis C Specialist. She is co-author and editor of TCM student manuals in use at AOMA in Austin, and a TCM tutor.



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Hepatitis C Support



Promoting
Health
and Vitality



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Oriental Medicine for

Health and Vitality

Acupuncture in a Modern World

Pain Alleviation

- Acute or chronic soreness from activities or trauma
- Post-injury pain or movement limitations, post-operative pain
- Muscles, joints, and soft tissue injuries with pain or stiffness
- Generalized pain, fibromyalgia, sciatica
- Headaches, migraines, TMJ

Stress Management

- Stress related to social, occupational, financial, emotional, or physical
- Stress induced tightness or pain, fatigue, feeling "not quite right"
- Reduced immunity or frequent illnesses
- Insomnia, moodiness, irritability, feeling "stuck"
- Emotional upheaval, depression, anxiety, PMS
- Smoking, weight control, alcohol and drug abuse

Allergies Relief

- Air-borne and seasonal allergies
- Food and pet allergies
- Chemical and environmental allergies

Hepatitis C Support

- Palliative symptomatic relief
- Alleviation of treatment side effects
- Improved immune function
- Liver support, pain and stress relief
- Increased sense of well-being

Our lives are in a constant state of change, ever adjusting to the stresses of daily life on its quest to achieve balance. In viewing the mind-body human as a wholly integrated system, the physical being is connected to emotions, mind, and spirit. An imbalance in any aspect can affect the system as a whole. At such times, assistance is needed to restore balance and regain harmony. This is the core of Oriental Medicine.

Oriental Medicine's roots are in philosophy and traditions dating well over 3000 years. Today, many of its therapies are clinically successful in treating modern health issues; acupuncture is the most commonly known treatment. The Oriental Medical practitioner may also prescribe Chinese herbal formulas to guide the mind-body system toward health and vitality. Lifestyle changes may be considered too, such as adjustments in eating, sleeping, exercise, and social interaction.

Oriental Medicine serves as a complementary component of integrated healing, alongside allopathic, chiropractic, and psycho-social medicines. It can offer preventative, primary, adjunctive and palliative options. Both the World Health Organization (WHO) and the National Institute of Health (NIH) endorse Oriental Medicine as effective in the treatment of many disorders.

Please visit the rest of the Modern Acupuncture website for more details on Oriental Medicine, acupuncture, herbal formulas, and other therapies such as moxibustion, cupping, and Oriental bodywork and exercise.

www.modernacupuncture.com